

Clinical Health Psychology Centre

HKSH Eastern Medical Centre

5/F, Li Shu Fong Building

5 A Kung Ngam Village Road

Shau Kei Wan, Hong Kong

Tel: (852) 2917 1153

Fax: (852) 2892 7404

Email: psychology@hksh-emc.com

Service Hours (By appointment only)

Monday to Friday: 9:00 am – 5:00 pm

Saturday: 9:00 am – 1:00 pm

Closed on Sundays and Public Holidays



For enquiries and appointments,
please contact us



Clinical Health Psychology Centre



Clinical Psychological Services

Clinical health psychological services are available to the public of all ages on a full range of psychological issues and adjustment difficulties through appointment. Personal coaching including personality and vocational profile assessment, augmentation of strengths and resilience, career and life quality improvement are also provided in parallel with therapeutic approaches for containment of psychological symptoms and vulnerabilities.

Psychological treatment services are available for:

- Management of illness-related anxiety
- Stress management
- Adjustment problems related to major illnesses, surgeries, cancer, and trauma
- Chronic pain, chronic illnesses, physical handicaps and limitations
- Alleviation of anxiety, depression, sleep and other mood related disorders
- Psychoeducation, advice, and support to patient's family members

Well-Being of Children and Adolescents

Psychological services for children include:

- Promotion of children's mental and emotional well-being
- Assessment and management of learning difficulties
- Enhancement of school adjustment
- Alleviation of discipline, interpersonal, conduct and emotional adjustment problems

Well-Being of the Elderly

Psychological services are tailor-made for the elderly to:

- improve their life quality
- promote life satisfaction
- better adapted to physical changes, cognitive decline
- resolve personal and family issues in late age

Others

In-depth clinical psychometric assessments on emotions, personality, vocational interests, psychopathology, cognition, intelligence, memory, learning, aptitudes, and neuropsychological functioning are also available.

Mental Health Assessment

The forms of assessment, therapy and interventions are varied depending on initial diagnosis and meticulous formulation of problems and goals. Individuals of all age ranges can benefit from clinical psychological services.

