

## Department of Health Assessment

### Hong Kong Sanatorium & Hospital

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Saturday: 8:00 am – 1:00 pm  
Closed on Sundays and Public Holidays

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Monday to Friday: 9:00 am – 5:00 pm  
Saturday: 9:00 am – 1:00 pm  
Closed on Sundays and Public Holidays

For enquiries and appointments,  
please contact us



# Stay Healthy Check Regularly





## Health in Your Hands

Regular health checks can bring priceless benefits to your health. A health assessment includes different tests and examinations which can give you an overview of your current health and look into the future by identifying your health risks.

With the advancement of medicine, if caught early, such chronic illnesses as heart diseases, diabetes and many cancers are treatable. Our health assessment teams are dedicated to advising you on health examinations that suit your needs. Examinations are carried out in one place and you will be able to discuss results/concerns with our experienced doctors.

Stay healthy and schedule a visit to HKSH health assessment team!

## Health Assessment Schemes

(Applicable to Hong Kong Sanatorium & Hospital and HKSH Li Shu Fong Building)

Health Assessment Package	A	B
Medical History	✓	✓
Physical Examination	✓	✓
Laboratory Investigation		
Complete Blood Count including Platelet	✓	✓
Blood Film	✓	✓
E.S.R.	✓	✓
*Blood Grouping and Rh Typing	✓	✓
*G6PD	✓	
Kidney Function: Urea	✓	✓
Creatinine	✓	✓
eGFR	✓	✓
Electrolytes: Na, K	✓	✓
Calcium	✓	✓
Albumin-Adjusted Calcium	✓	✓
Liver Function: Bilirubin, Total and Direct	✓	✓
AST	✓	✓
ALT	✓	✓
Alkaline Phosphatase	✓	✓
Gamma GT	✓	✓
Hepatitis B Screening: HBs Antigen	✓	✓
HBs Antibody	✓	
Proteins: Total, Albumin, Globulin	✓	
Thyroid Function: FT4	✓	
TSH	✓	✓
Lipid Profile: Cholesterol-Total, HDL and LDL	✓	✓
Triglycerides	✓	✓
Total Cholesterol / HDL-C Ratio	✓	✓
Non-HDL Cholesterol	✓	✓
Diabetic Screening: Fasting Glucose	✓	✓
Haemoglobin A1C	✓	
estimated Average Glucose (eAG)	✓	
Gout Screening: Uric Acid	✓	✓
Serology: Anti-Rubella Virus IgG (Female Only)	✓	
Treponema Pallidum Antibody for Syphilis	✓	✓
Tumour Markers: Alpha-Fetoprotein (AFP)	✓	✓
EBV DNA (NPC Quantitative)	✓	
Prostate Specific Antigen (PSA)	✓	
(Male Only)		
Stool: Routine Examination, Occult Blood	✓	✓
Urine: Routine Examination	✓	✓
Treadmill Exercise Stress Test	✓	
Electrocardiogram		✓
*X-ray Examination: Chest	✓	✓
Ultrasound Examination		
Upper Abdomen: Liver, Pancreas,	✓	✓
Gall Bladders, Kidneys, Spleen		
Lower Abdomen: Reproductive Organs (Female)	✓	✓
Dietitian Consultation (On Reporting Date)		
Time Required (Hour)	5	3
Package Price (HKD)	\$13,760	\$8,830

\*Only for first-time participants of the specified Assessment Schemes

\*Participants of any Health Assessment Plan can enjoy a special offer (HK\$ 2,430) to upgrade from Chest X-Ray to Low Dose CT Thorax

## Well Women Screening Package

(For participants of Health Assessment Package only)

Package Price	Ultrasound of Breasts + Pap Smear	3D Mammogram + Pap Smear	3D Mammogram + Ultrasound of Breasts + Pap Smear
Pap Smear by Doctor	\$3,330	\$3,980	\$5,350
Pap Smear* by Nurse	\$2,610	\$3,320	\$4,700

\*Pap smear carried out by a nurse is only available at Hong Kong Sanatorium & Hospital. Prices and packages are subject to change without prior notice.

## Health Assessment Scheme

(HKSH Li Shu Fong Building)

<b>Health Assessment Package</b>	<b>C</b>
Medical History	✓
Physical Examination	✓
Laboratory Investigation	
Complete Blood Count including Platelet	✓
Blood Film	✓
E.S.R.	✓
*Blood Grouping and Rh Typing	✓
*G6PD	✓
Kidney Function: Urea	✓
Creatinine	✓
eGFR	✓
Electrolytes: Na, K, Calcium	✓
Chloride, Bicarbonate	✓
Albumin-Adjusted Calcium	✓
Liver Function: Total Protein, Albumin, Globulin	✓
Bilirubin, Total and Direct	✓
AST	✓
ALT	✓
Alkaline Phosphatase	✓
Gamma GT	✓
Hepatitis A Screening: HAV IgG	✓
Hepatitis B Screening: HBs Antigen	✓
HBs Antibody	✓
Thyroid Function: TSH	✓
Lipid Profile: Cholesterol-Total, HDL and LDL	✓
Triglycerides	✓
Total Cholesterol / HDL-C Ratio	✓
Non-HDL Cholesterol	✓
Diabetic Screening: Fasting Glucose	✓
Haemoglobin A1C	✓
estimated Average Glucose (eAG)	✓
Gout Screening: Uric Acid	✓
Serology: Treponema Pallidum Antibody for Syphilis	✓
Urine: Routine Examination	✓
Electrocardiogram	✓
#X-ray Examination: Chest	✓
Ultrasound Examination	
Upper Abdomen: Liver, Pancreas, Gall Bladders, Kidneys, Spleen	✓
Lower Abdomen: Reproductive Organs (Female)	✓
Prostate (Male)	✓
Time Required (Hour)	4
<b>Package Price (HKD)</b>	<b>\$11,700</b>

\* Only for first-time participants of the specified Assessment Schemes

# Participants of any Health Assessment Plan can enjoy a special offer (HK\$2,430) to upgrade from Chest X-Ray to Low Dose CT Thorax

## Cancer Screening Package (Male)

(HKSH Li Shu Fong Building)

Package		M
Medical History		✓
Physical Examination		✓
Cancer Screening:		
Colorectal Cancer	Faecal Occult Blood Test	✓
	CEA	✓
Prostate Cancer	DRE	✓
	Total PSA	✓
	Free PSA	✓
Lung Cancer	Low Dose CT Thorax	✓
Nasopharyngeal Cancer	EBV DNA	✓
Liver Cancer	AFP	✓
	Ultrasound of Abdomen (Upper & Lower)	✓
Package Price (HKD)		\$11,720

## Cancer Screening Package (Female)

(HKSH Li Shu Fong Building)

Packages		F1	F2	F3
Medical History		✓	✓	✓
Physical Examination		✓	✓	✓
Cancer Screening:				
Colorectal Cancer	Faecal Occult Blood Test	✓	✓	✓
	CEA	✓	✓	✓
Lung Cancer	Low Dose CT Thorax	✓	✓	✓
Nasopharyngeal Cancer	EBV DNA	✓	✓	✓
Liver Cancer	AFP	✓	✓	✓
	Ultrasound of Abdomen	✓	✓	✓
Cervical Cancer	HPV High-Risk Screening	✓	✓	✓
	Pap Smear	✓	✓	✓
Ovarian Cancer	Gynae Pelvic US	✓	✓	✓
Breast Cancer	Ultrasound of Breasts	✓		✓
	3D Mammogram		✓	✓
Package Prices (HKD)		\$13,810	\$14,500	\$16,380

### Special Package Prices

M + C \$18,370	F1 + C \$20,670
F2 + C \$21,370	F3 + C \$23,240